

# Positive Parenting Online



**Ontario Municipal Social Services Association Conference  
June 13-14, 2019  
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Triple P Implementation Consultant**

## Land acknowledgement

"Toronto is in the 'Dish With One Spoon Territory'. The Dish With One Spoon is a treaty between the Anishinaabe, Mississaugas and Haudenosaunee that bound them to share the territory and protect the land. Subsequent Indigenous Nations and peoples, Europeans and all newcomers have been invited into this treaty in the spirit of peace, friendship and respect."



# Reach more families:

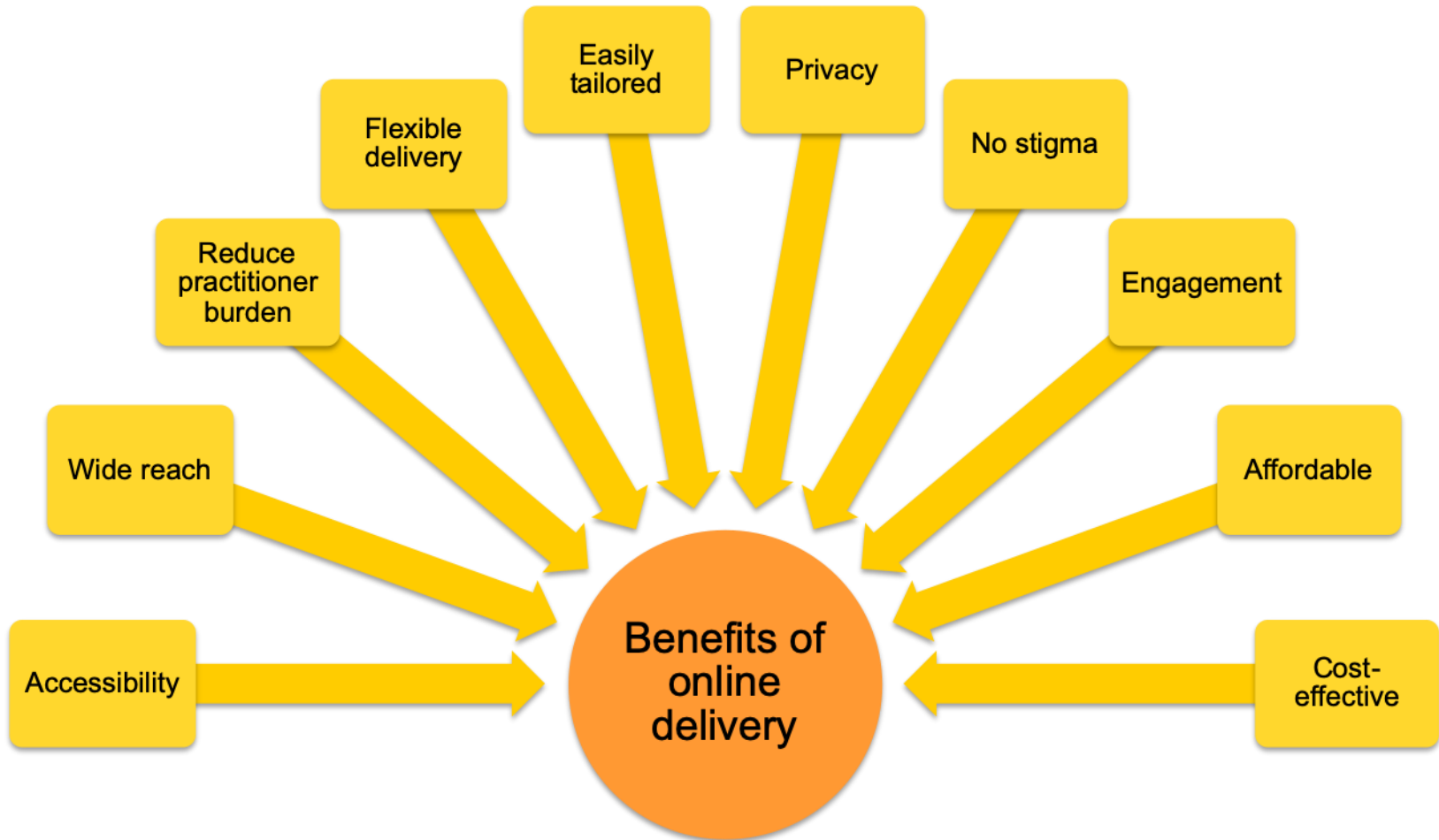


## Triple P Online

A mobile friendly Level 4 Standard Triple P web-based intervention



# Benefits of online access



# Variants of TPOL



## CONNECTEZ-VOUS À TRIPLE P EN LIGNE

Adresse électronique :

Entrez votre adresse électronique

Mot de passe :

Entrez votre mot de passe



SE CONNECTER >

[Mot de passe oublié ?](#)

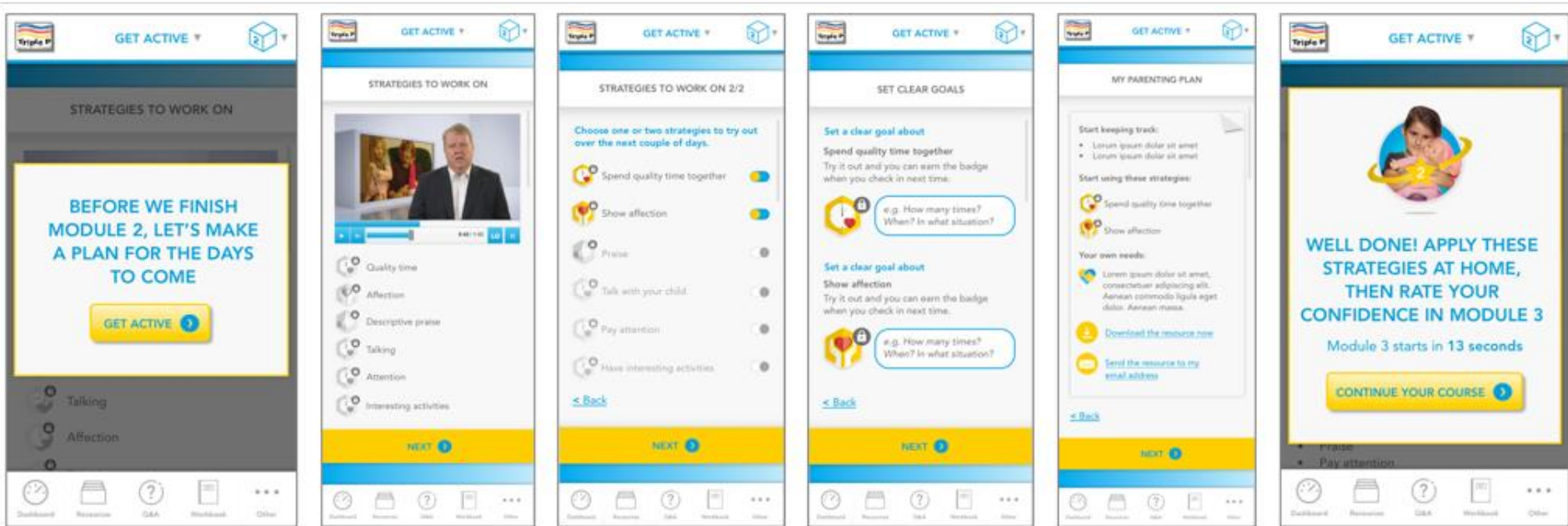
ou

Avez-vous reçu un code ?  
Créez votre compte.

ACTIVEZ VOTRE CODE >



# Modules are completed sequentially



# The newest option PECE - Positive Early Childhood Education

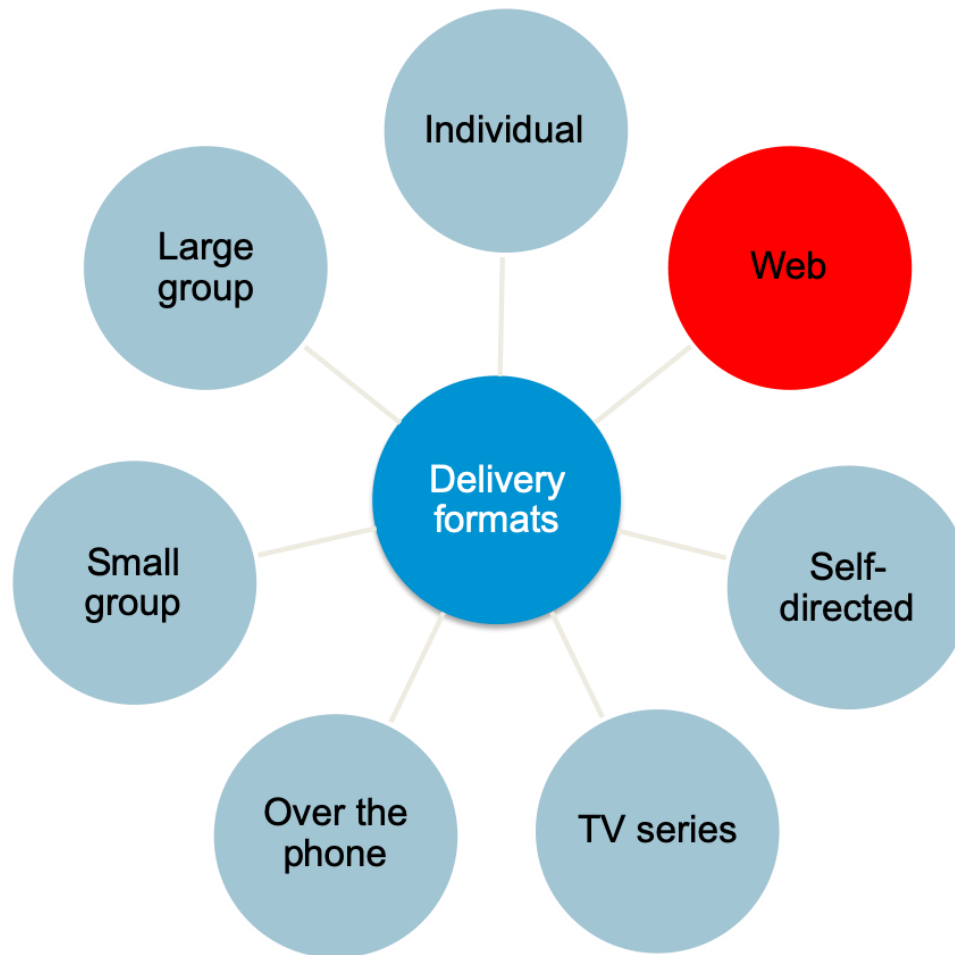


- Aims to enhance skills of early childhood educators
- An online approach with 4 modules and planned coaching
- Several research projects underway in 2018
- Emerging practice research completed in 2017



Positive Early  
Childhood Education

# Flexible delivery and evidence TPOL works





# PARENTING COURSE LOCATION PREFERENCES

Source: IPSOS market research conducted in Queensland, Australia (December 2017). Sample size = 954.



## WHY?

MOST PREFERRED PLACE TO ATTEND A PARENTING COURSE	WHY?					
	I CAN PARTICIPATE IN THE COURSE OR PROGRAM WITHOUT LEAVING HOME	I CAN WORK AT MY OWN PACE THROUGH THE PROGRAM	I LIKE TO BE TAUGHT BY EXPERTS	I LIKE TO ASK QUESTIONS IN PERSON/TO AN EXPERT	I LIKE TO MEET PEOPLE FACE TO FACE TO DISCUSS TOPICS	OTHER
ONLINE / ON THE INTERNET	56%	68%	69%	8%	4%	1%
NEARBY COMMUNITY CENTRE	39%	3%	12%	27%	51%	58%
VENUE OF A PARENTING PROGRAM PROVIDER	28%	7%	9%	52%	53%	53%
CHILD'S PRIMARY / JUNIOR SCHOOL	19%	7%	13%	30%	46%	44%
A CHILD HEALTH CENTRE	17%	8%	15%	44%	58%	45%
CHILD'S KINDERGARTEN / CHILD CARE	13%	4%	13%	43%	49%	43%
HEALTH CLINIC / MEDICAL CLINIC	12%	3%	14%	66%	55%	38%
EARLY YEARS CENTRE / CHILD & FAMILY SUPPORT CENTRE	10%	6%	21%	40%	59%	58%
CHILD'S SECONDARY / SENIOR SCHOOL	9%	9%	14%	38%	42%	50%
INTENSIVE FAMILY SUPPORT CENTRE / FAMILY & CHILD CONNECT CENTRE	7%	7%	7%	52%	67%	44%
MY PARENTS' / MOTHERS' GROUP	7%	-	26%	21%	43%	69%
A UNIVERSITY	5%	3%	25%	46%	34%	44%

# The International Parenting Survey–Canada: Exploring Access to Parenting Service



- In 2015 over a quarter of parents surveyed reported they had consulted a professional about their child's behavior in the last year
- parents' top-reported barrier included awareness and felt need, followed by lack of time and access to child care.
- parents expressed interest in a diverse array of delivery modes

# Completion of modules was higher for those with support.



- Completion is enhanced with support
- The offer of support is often sufficient
- Telephone support can be motivational and or clinical in nature
- Trained Practitioners can support TPOL

# Conclusions from the research



- Triple P Online has a number advantages:
  - Convenience – when, where and how
  - Low cost
  - Scope for wide reach
  - A compliment to face-to-face services

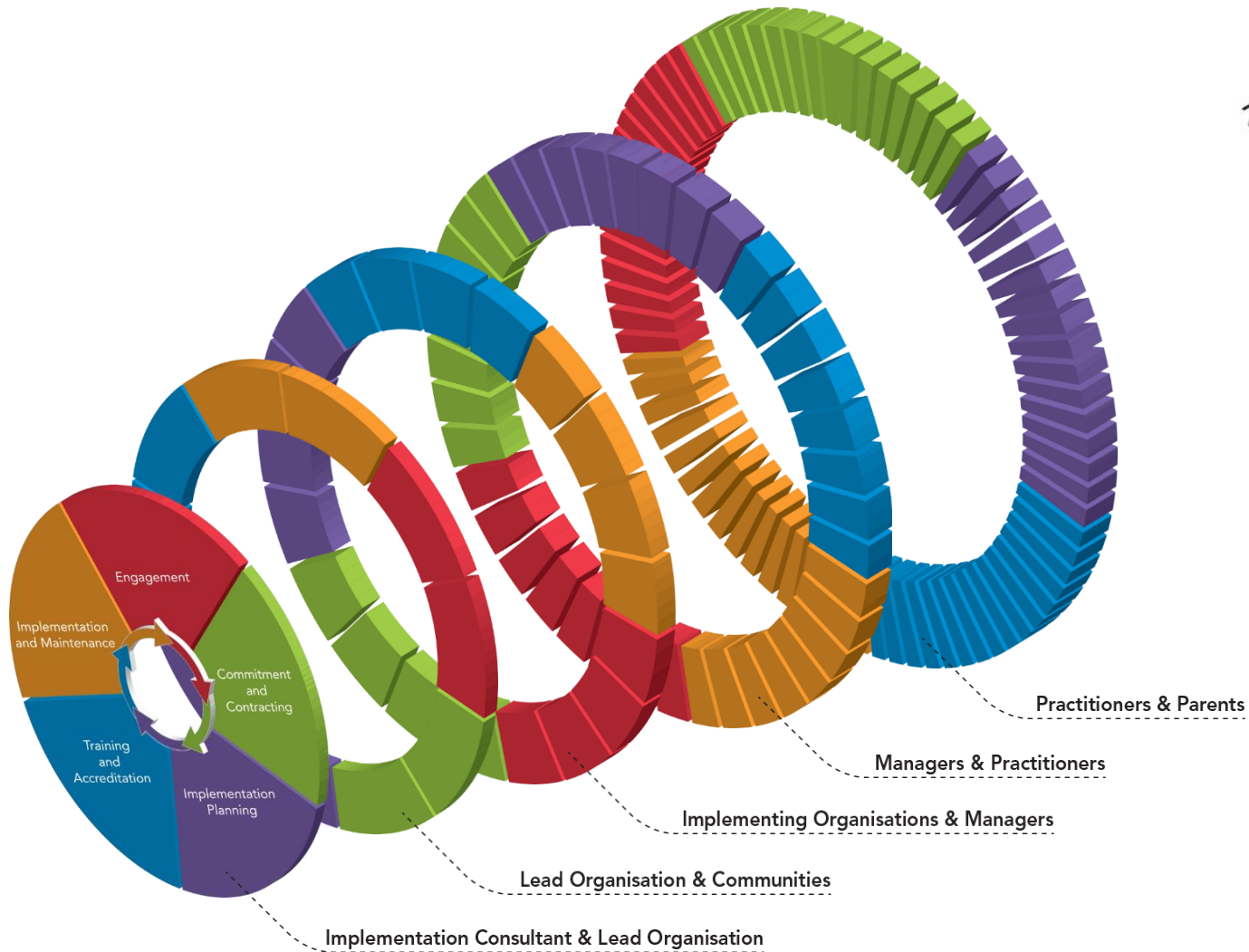
## TRIPLE P ONLINE DELIVERY



- ACCESSIBLE 24/7
- WIDE REACH
- PRIVATE
- ENGAGING
- COST-EFFECTIVE
- REDUCED PROVIDER BURDEN
- FLEXIBLE & EASY TO TAILOR



# Resources for engagement



# Intended Outcomes with TPOl



- Long term sustainability for implementing organisations.
- Expanded use of Triple P to support a population health approach within systems of care.

“E-MENTAL HEALTH OFFERS ONE OF THE GREATEST INVEST-TO-SAVE OPPORTUNITIES FOR GOVERNMENT AND THE COMMUNITY. E-MENTAL HEALTH IS CLINICALLY EFFECTIVE AND HUGE COST SAVINGS CAN BE GAINED BY INTEGRATING IT INTO A FULLY FUNCTIONAL MENTAL HEALTH SYSTEM OF STEPPED CARE.”

AUSTRALIAN NATIONAL REVIEW OF MENTAL HEALTH SERVICES

# What is happening around the world:



See the special range of Triple P programmes offered in the [London Borough of Barking and Dagenham](#) >


Already started Triple P Online? ▼ England ▼ 🔍

**Triple P**  
Positive Parenting Program

ABOUT TRIPLE P | GET STARTED | FIND HELP | BLOG & VIDEOS |

**BARKING AND DAGENHAM PARENTS... YOU LIVE IN A PREMIUM TRIPLE P ZONE WITH SPECIAL PARENTING SUPPORT!**

[TELL ME MORE](#) ➔



# TPOL / TTPOL Management System



MANAGER@TEST.COM > LOG OUT >

DASHBOARD | ORGANISATION'S | PARENTS | EMAIL TEMPLATES | SUPPORT / FAQ

**Triple P**  
Positive Parenting Program

**WELCOME JULIE**  
LET'S START MANAGING  
TRIPLE P ONLINE CODES

**SUPPORT YOUR STAFF**  
MANAGE INDIVIDUAL ORGANISATIONS

**MANAGE PARENTS**  
VIEW PARENTS AND ISSUE CODES

FILTER BY ORGANISATION ACCOUNT: Total for all sub-organisations

### PROGRESSION OVERVIEW

Select the arrow beneath each of these key statistics for more information

72%	1	1,333	0	77%
TOTAL % CODES REGISTERED	PARENTS REGISTERED THIS MONTH	TOTAL NUMBER OF PARENTS	ACCOUNTS EXPIRING THIS MONTH	% OF PARENTS COMPLETED MODULE 1
▼	▼	▼	▼	▼



# Provide a Parent with Access to TPOL



[DASHBOARD](#) | [ORGANISATION/S](#) | [PARENTS](#) | [EMAIL TEMPLATES](#) | [SUPPORT / FAQ](#)

## ISSUE CODE

Organisation\*

TPPC Demonstration

Organisation account\*

Demo Codes

Available codes

76

Practitioner

- Select a practitioner

First name\*

Enter parent first name

Last name\*

Enter parent last name

Email address\*

Enter parent email address

ISSUE CODE



[cancel](#)



## EMAIL TEMPLATE ISSUE CODE EMAIL

**Description:** Sent when a parent is issued a code

**Email subject:** Access to Triple P Online

VIEW TEMPLATE

VIEW ORGANISATION ACCOUNT VERSIONS

### Title

Issue Code Email

### Description

Sent when a parent is issued a code

### Email subject

Access to Triple P Online

Hi {FIRST\_NAME},

Welcome to Triple P Online.

Please [click here](#) to complete your registration.

Once registered, you'll have full access to the Triple P Online program for 12 months. To log back in, just return to the login page: <https://www4.tripleponline.net/> (you may want to save this page to your bookmarks or your smartphone/tablet home screen for future convenience).

Following registration, you'll receive an email confirming your login details.

If you require technical assistance at any time, please contact the Triple P Online help desk via [tpol@triplep.net](mailto:tpol@triplep.net) for support.

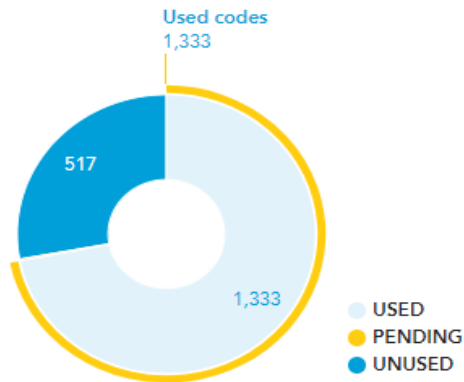
Enjoy the program!

The Triple P Online Team

# The TPOL management system dashboard



## ORGANISATION CHARTS



## CODES USED

- 1,333 - Codes registered by parents
- 4 - Codes issued but not yet registered
- 517 - Codes remaining

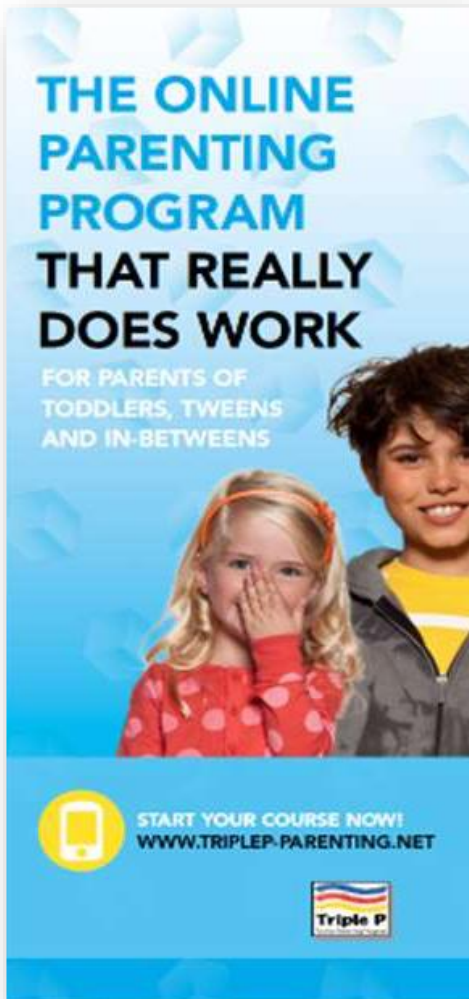


## PARENTS' CURRENT PROGRESS

- 113 - Parents reached introduction
- 194 - Parents at Module 1
- 216 - Parents at Module 2
- 155 - Parents at Module 3
- 151 - Parents at Module 4
- 88 - Parents at Module 5
- 45 - Parents at Module 6
- 28 - Parents at Module 7
- 44 - Parents at Module 8
- 298 - Parents finished all modules

DOWNLOAD

# Materials to support parent awareness



- Triple P provides materials for referrals to the Triple P website or to the service provider
  - Poster
  - Flyer
  - Brochure
  - Video
  - Web banner
  - Email sequence

# Access through the website



[ABOUT TRIPLE P](#) | [GET STARTED](#) | [FIND HELP](#) | [BLOG & VIDEOS](#) |

[Home](#) > [Find help](#) > [Triple P Online](#)



## CONFIDENT PARENTS SUCCESSFUL KIDS, HAPPIER FAMILIES

[FIND OUT MORE](#)



FOR TODDLERS TO TWEENS

FOR PRE-TEENS AND TEENS

# What parents say:



"EMILY'S BEHAVIOUR IMPROVED  
BECAUSE OF THE WAY WE INTERACT  
WITH HER."

# Resources



Learn more by looking at this 2 and half minute video

A Sneak Peek of TPOL

<https://www.youtube.com/watch?v=1SITEIJtBgo>.

The Ontario based Stay Positive site is a great place to find out more information and to direct your clients to this site to learn on their own

<https://www.triplep-parenting.ca/ont-en/triple-p/>

# Further information



For more information

- [Gail.Hamelin@triplep.net](mailto:Gail.Hamelin@triplep.net)
- [contact.canada@triplep.net](mailto:contact.canada@triplep.net)

Migwetch / Bienvenue / Thank you



“THE BENEFITS OF THIS PROGRAM HAVE BEEN REMARKABLE AND FANTASTIC. IT REALLY WAS A LIFE-CHANGING PROGRAM FOR OUR FAMILY LIFE HERE.”

LOMA  
TRIPLE P ONLINE USER