**Stereotypes: Older Workers**

**Play up the Positive**:

Common beliefs about aging can work both *for* and *against* you when you are looking for work. There are both positive and negative stereotypes.

**Positive Beliefs:**

* Strong work ethic
* Are reliable
* Are committed to their employer – don’t change jobs often
* Bring experience and maturity to the work environment

**Other positive characteristics about older workers:**

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**Demonstrate and draw attention to your experience and knowledge gained and any advantages to hiring you**:

* Demonstrated ability to work with a variety of people
* Steady mature and reliable worker
* See problems from a broader context
* Experience in managing a variety of situations
* Your willingness to work variable hours, weekends, evenings and seasonal
* Time management skills

**Other examples of experience you would bring as an older worker:**

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Note: These materials have been developed and adapted from a range of sources for the purpose of the Bruce County Job Search Club.