Positive Parenting Online

Ontario Municipal Social Services Association Conference
June 13-14, 2019
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Triple P Implementation Consultant
Land acknowledgement

"Toronto is in the 'Dish With One Spoon Territory'. The Dish With One Spoon is a treaty between the Anishinaabe, Mississaugas and Haudenosaunee that bound them to share the territory and protect the land. Subsequent Indigenous Nations and peoples, Europeans and all newcomers have been invited into this treaty in the spirit of peace, friendship and respect."
Reach more families:

Triple P Online

A mobile friendly Level 4 Standard Triple P web-based intervention
Benefits of online access

- Flexible delivery
- Easily tailored
- Privacy
- No stigma
- Engagement
- Affordable
- Cost-effective
- Wide reach
- Accessibility
- Reduce practitioner burden
CONNECTEZ-VOUS À TRIPLE P EN LIGNE

Adresse électronique :

*Entrez votre adresse électronique*

Mot de passe :

*Entrez votre mot de passe*

SE CONNECTER

Mot de passe oublié ?

ou

Avez-vous reçu un code ?
Créez votre compte.

ACTIVEZ VOTRE CODE

Variants of TPOL
Modules are completed sequentially
The newest option PECE - Positive Early Childhood Education

- Aims to enhance skills of early childhood educators
- An online approach with 4 modules and planned coaching
- Several research projects underway in 2018
- Emerging practice research completed in 2017
Flexible delivery and evidence TPOL works

Delivery formats:
- Individual
- Web
- Large group
- Small group
- Self-directed
- Over the phone
- TV series
PARENTING COURSE LOCATION PREFERENCES
Source: IPSOS market research conducted in Queensland, Australia (December 2017). Sample size = 954.

MOST PREFERRED PLACE TO ATTEND A PARENTING COURSE

<table>
<thead>
<tr>
<th>Location</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Online / On the Internet</td>
<td>56%</td>
</tr>
<tr>
<td>Nearby Community Centre</td>
<td>39%</td>
</tr>
<tr>
<td>Venue of a Parenting Program Provider</td>
<td>28%</td>
</tr>
<tr>
<td>Child's Primary / Junior School</td>
<td>19%</td>
</tr>
<tr>
<td>A Child Health Centre</td>
<td>17%</td>
</tr>
<tr>
<td>Child's Kindergarten / Child Care</td>
<td>13%</td>
</tr>
<tr>
<td>Health Clinic / Medical Clinic</td>
<td>12%</td>
</tr>
<tr>
<td>Early Years Centre / Child &amp; Family Support Centre</td>
<td>10%</td>
</tr>
<tr>
<td>Child's Secondary / Senior School</td>
<td>9%</td>
</tr>
<tr>
<td>Intensive Family Support Centre / Family &amp; Child Connect Centre</td>
<td>7%</td>
</tr>
<tr>
<td>My Parents' / Mothers' Group</td>
<td>7%</td>
</tr>
<tr>
<td>A University</td>
<td>5%</td>
</tr>
</tbody>
</table>
In 2015 over a quarter of parents surveyed reported they had consulted a professional about their child’s behavior in the last year.

Parents’ top-reported barrier included awareness and felt need, followed by lack of time and access to child care.

Parents expressed interest in a diverse array of delivery modes.
Completion of modules was higher for those with support.

- Completion is enhanced with support
- The offer of support is often sufficient
- Telephone support can be motivational and or clinical in nature
- Trained Practitioners can support TPOL
Conclusions from the research

- Triple P Online has a number advantages:
  - Convenience – when, where and how
  - Low cost
  - Scope for wide reach
  - A compliment to face-to-face services

TRIPLE P ONLINE DELIVERY

- ACCESSIBLE 24/7
- WIDE REACH
- PRIVATE
- ENGAGING
- COST-EFFECTIVE
- REDUCED PROVIDER BURDEN
- FLEXIBLE & EASY TO TAILOR
Resources for engagement
Intended Outcomes with TPOL

- Long term sustainability for implementing organisations.
- Expanded use of Triple P to support a population health approach within systems of care.

“E-MENTAL HEALTH OFFERS ONE OF THE GREATEST INVEST-TO-SAVE OPPORTUNITIES FOR GOVERNMENT AND THE COMMUNITY. E-MENTAL HEALTH IS CLINICALLY EFFECTIVE AND HUGE COST SAVINGS CAN BE GAINED BY INTEGRATING IT INTO A FULLY FUNCTIONAL MENTAL HEALTH SYSTEM OF STEPPED CARE.”

AUSTRALIAN NATIONAL REVIEW OF MENTAL HEALTH SERVICES
What is happening around the world:

BARKING AND DAGENHAM PARENTS...
YOU LIVE IN A PREMIUM TRIPLE P ZONE WITH SPECIAL PARENTING SUPPORT!

TELL ME MORE
TPOL / TTPOL Management System
Provide a Parent with Access to TPOL

ISSUE CODE

Organisation*
TPPC Demonstration

Available codes
76

First name*
Enter parent first name

Email address*
Enter parent email address

Organisation account*
Demo Codes

Practitioner
- Select a practitioner

Last name*
Enter parent last name

ISSUE CODE  cancel
EMAIL TEMPLATE
ISSUE CODE EMAIL

Description: Sent when a parent is issued a code
Email subject: Access to Triple P Online

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Hi (FIRST_NAME),
Welcome to Triple P Online.
Please click here to complete your registration.

Once registered, you’ll have full access to the Triple P Online program for 12 months. To log back in, just return to the login page: https://www4.tripleponline.net/ (you may want to save this page to your bookmarks or your smartphone/tablet home screen for future convenience).

Following registration, you’ll receive an email confirming your login details.
If you require technical assistance at any time, please contact the Triple P Online help desk via tpol@triplep.net for support.

Enjoy the program!
The Triple P Online Team
The TPOL management system dashboard

**ORGANISATION CHARTS**

**CODES USED**
- **1,333** - Codes registered by parents
- **4** - Codes issued but not yet registered
- **517** - Codes remaining

**PARENTS’ CURRENT PROGRESS**
- **113** - Parents reached introduction
- **194** - Parents at Module 1
- **216** - Parents at Module 2
- **155** - Parents at Module 3
- **151** - Parents at Module 4
- **88** - Parents at Module 5
- **45** - Parents at Module 6
- **28** - Parents at Module 7
- **44** - Parents at Module 8
- **298** - Parents finished all modules

**NUMBER OF PARENTS**

**CURRENT MODULE PROGRESS**

Download
Materials to support parent awareness

- Triple P provides materials for referrals to the Triple P website or to the service provider
  - Poster
  - Flyer
  - Brochure
  - Video
  - Web banner
  - Email sequence
Access through the website

CONFIDENT PARENTS
SUCCESSFUL KIDS, HAPPIER FAMILIES

FIND OUT MORE

FOR TODDLERS TO TWEENS
FOR PRE-TEENS AND TEENS
What parents say:

"EMILY'S BEHAVIOUR IMPROVED BECAUSE OF THE WAY WE INTERACT WITH HER."
Learn more by looking at this 2 and half minute video

A Sneak Peek of TPOL

https://www.youtube.com/watch?v=1SITEIJtBgo.

The Ontario based Stay Positive site is a great place to find out more information and to direct your clients to this site to learn on their own

https://www.triplep-parenting.ca/ont-en/triple-p/
For more information

- Gail.Hamelin@triplep.net
- contact.canada@triplep.net

Migwetch / Bienvenue / Thank you

“THE BENEFITS OF THIS PROGRAM HAVE BEEN REMARKABLE AND FANTASTIC. IT REALLY WAS A LIFE-CHANGING PROGRAM FOR OUR FAMILY LIFE HERE.”

LOMA
TRIPLE P ONLINE USER